



JOHN FORREST SECONDARY COLLEGE

CAFE MENU

SANDWICHES, ROLLS AND LEBS		
	Sandwiches	Rolls
Chicken	4.50	7.00
Ham	4.50	7.00
Tuna	4.50	7.00
BLT	4.50	7.00
Cheese	4.00	7.00
Egg	4.00	7.00
Salad	4.00	7.00
Vegemite	3.00	7.00
Add Salad	1.00	1.00
Extras: Cheese, Egg, Beetroot, Pickle, Onion	.50	.70
WRAPS		
Wraps (whole)		6.50
Wraps (half)		3.50
OTHER		
Gourmet salad trays		7.00
Onigiri (Rice Balls) Chicken or Tuna Large		3.50
Small		2.50
Vegetable Omelette		6.00
Fruit Salad		5.00
Muffin		2.50
Yoghurt		2.50
Overnight Oats		3.50
Fruit		1.50

Sauce	.50
HOT FOODS	
Pastie	4.70
Pie	4.70
Cheese Pie	4.70
Hot Chicken Roll	4.50
Chilli Strips (2)	4.50
Sausage Roll	3.70
Dino Snacks (4)	3.50
Goujons (4)	3.50
Chiko	3.50
Cornjack	3.50
Hash Brown (2)	2.00
Chicken Burger, tomato, cucumber, lettuce	5.50
Cheese Burger, tomato, cucumber, lettuce	5.50
Fish Burger, tomato, cucumber, lettuce	5.50
Bacon/Egg Burger	5.50
Pasta of the Day	6.00
Fried Rice	6.00
Pizza Slab – vegetarian	4.50
Pizza Slab – hawaiian	4.50
Pizza Slab – bacon blitz	4.50
Pizza Slab – pepperoni	4.50
Soup with roll (winter only)	6.00
Cheesie	1.50
Quiche – Lorraine or Spinach & Feta	5.00

ICECREAMS	
Various	From 1.00 to 4.50

DRINKS	
Flavoured Milk (Large)	4.50
Flavoured Milk (Small)	3.30
Water	2.00
Plain Milk 600ml	2.50
Juice Pop	2.00
Orange Juice / Lemon Juice	4.50

**YES
EFTPOS
AVAILABLE**

Please Note: Prices are subject to change.

All items are available to order.

Hash Browns are two in a packet and only available Monday and Friday.

Pastry items available Monday and Fridays only.

Tuesday/Wednesday/Thursday – only green items will be sold