



## FROM THE PRINCIPAL

The term is nearly over and it has been a very busy time for students and staff. There have been a range of academic, cultural and sporting activities and events that have kept everyone fully occupied. The academic activities have included the introduction of a Year 8 Induction Program to begin the year, the roll out of laptops to Year 8 students and building on our links with Curtin and Edith Cowan Universities. Cultural activities have included the College Ball and Harmony Day. In the sporting arena and in addition to all of the Specialist Sporting Program fixtures we have had a Gala Day to welcome the new Sporting Patrons to the college and two successful swimming carnivals. In addition to that have been a range of other activities like school photos and immunisation injections for boys in Years 8-10. There are more details on many of these activities and events later in this newsletter.

The college continues to see a great deal of interest with regard to enrolments and we are at capacity in most year groups. This is surely a sign of the growing reputation of the college in the local community and is a credit to the efforts of students, staff and parents. It is important that we all continue to work together, encouraging students to work hard and treat others with courtesy and respect, so that we continue to build the college reputation for the benefit of those that follow us at John Forrest Secondary College.  
*Brad Walsh, Relieving Principal*

## JOHN FORREST WELCOMES NEWLY APPOINTED PATRONS

On 14 March 2013 John Forrest Secondary College held a special celebration to welcome their new Specialist Sporting Program Patrons into the college community. The brain child of John Campbell, Head of Health & Physical Education, the Health & Phys Ed Team were able to convince three outstanding sports stars to accept these positions.



**Margaret Court AO MBE**, tennis legend and one of the greatest tennis players of all time. Patron of the John Forrest Secondary College Specialist Tennis Program.

**Bruce Reid**, former Australian cricketer and international coach and mentor. Patron of the John Forrest Secondary College Cricket Academy.

**Susan Fuhmann**, recently retired Australian netballer and West Coast Fever player. Patron of the John Forrest Secondary College Specialist Netball Program.

*"It is an indication of the excellence of these programs that we have been able to*

*attract such high quality people to join our college community, and it is a terrific gesture on their part to be willing to give up their valuable time to accept these positions"* said Principal Brad Walsh.

During a whole college assembly the new patrons were welcomed to the college. A student representative from each of the sporting programs read out a brief biography on each patron. The students sat in awe as the biographies were read out and were spellbound as each patron addressed the assembly. The message from the patrons was it doesn't matter what circumstances you come from, that you should dream high, dedicate yourself to that dream, work hard and enjoy the journey. The Regional Executive Director, Jim Webb, also attended the assembly and commented on how the patrons captured and held the students attention.

Each patron was presented with a plaque acknowledging them as Patron of our Specialist Sporting Programs and following the assembly went on a tour of the college and spent some time talking to students. Senior students and staff then joined Margaret, Bruce and Susan for a celebratory morning tea.

*"What fantastic role models and inspirational people. They related to and inspired our students to excel not just in sport but in all areas of life"* was how John Campbell summed up the influence of the patrons on John Forrest Secondary College students.

## OUTSTANDING 2012 RESULTS FOR JOHN FORREST



- \* First 50 Schools—VET Achievement Table. Ranked 14th Position (9th Public School).
- \* 100% Graduation Rate.
- \* Highest ATAR of All Public Schools in the Neighbourhood.
- \* High performing students in Stage 2 English.

## DATES TO REMEMBER (Dates are Subject to Change)

Please check the John Forrest website for recent updates (Important Dates/Dates for Parents)

**Students commence Term 2 — 7 May.**

Year 10 Lightning Carnival — 16 May.

Year 5/6/7 Netball Trials — 22 and 29 May.

Year 5/6/7 Parent Information Evening — 21 May.

Cricket Academy Day — 23 May.

Year 10 Exams — 27-31 May.

**Public Holiday — 3 June.**

P & C Meeting — 4 June.

Year 11/12 Exams — 4-14 June.

Year 8/9 Exams — 4-7 June.

Year 10 Work Experience — 10-14 June.

College Board Meeting — 11 June.

Year 5/6/7 Academic Excellence Testing — 13 June.

Year 10 Information Evening — 18 June.

Year 9 Lightning Carnival — 19 June.

Talent Quest Evening — 21 June.

Assembly — 25 June.

Career Expo — 26 June.

Bush Ranger Camp — 26-28 June.

Boys Gardasil Vaccination — 4 July.

**Last Day of School—5 July.**

## JOHN FORREST TO BORNEO ON A WORLD CHALLENGE

A few months have now past since the World Challenge team have arrived home from Borneo. However the memories have lasted and for all of the participants life has changed. The month long event saw the students immersing themselves in culture, building a water catchment reservoir for a village, trekking through the jungle and up Mt Kinabalu and finally enjoying some R and R. The students travelled along with students from Kent Street Senior High School and Warrnambool Community College in Victoria, discovering this Malaysian/Indonesian Island. In the lead up to the journey the students had to fundraise, plan, book their own itinerary and undertake a training expedition to prepare. The students had to raise \$6000 each for the trip and many of the students sort part time jobs and undertook fundraising activities. The generosity of these students saw them donate some of this hard earned cash to the local community where they participated in a project.

The project stage, where the students stayed with local residents, was a major highlight of the trip as it allowed them to connect deeply with the local people. I was truly proud of our students in this phase as they spent five days digging out a dam, covered in slimy mud, with very little complaint. They all focused on this difficult objective and committed their heart to achieving a great result. It was an eye-opening moment for the students to see the hardships these people



endure through the lack of transport, water and food, and they appreciated what they have in Australia. This is what made them so willing to help to the point of near exhaustion.

Following this the students started a five day hiking journey, sleeping in the jungle in A-symmetrical style Hennessy Hammocks which provided some relief from the thousands of insects and leeches. The challengers battled 35C heat and humidity with 14-22kg on their back and they walked close to 40 km through mountainous terrain. On the completion of this trek we took a small plane journey and a bus ride to trek to the top of Mount Kinabalu which rises 4000m above sea level and reaches minus temperatures. This was a walk that I

was unable to complete due to illness but all the John Forrest students made it to the summit. A terrific effort! Finally they enjoyed some rest and relaxation in a luxury hotel, white water rafting, and snorkelling, visiting wild orang-utans and shopping.

In the intense period overseas students developed so many life skills and learnt so much about themselves and the world. They also became appreciative of the opportunities they have in Australia. I learnt about an attitude from the locals who reside in Borneo's beautiful countryside, life is not about materialism; it's truly about community and loving life.

**Stephen Angell**

*Saturday morning at 3.00am on the 24 November 2012 you would've found 16 teenagers from John Forrest Secondary College, Kent Street High School and Warrnambool College sitting in Perth Airport wondering what we were thinking when we signed up for the World Challenge trip. 6:30am and we'd been introduced to the other members of our team, been given \$13,000 and boarded a plane bound for Kuala Lumpur. From the bustling, polluted, humid airport of Kuala Lumpur we flew into a small city in Sarawak, Borneo, where we were introduced to our expedition leader (a quirky Brit with a good sense of humour) and began our adventure. Of the 16 students in a 19-man team, six of us were from John Forrest, myself, Bryn Roughan, Callum O'Neill, Stephen Re, Daniel Skafta and Brett Starling, accompanied by the ever enthusiastic Mr Angell.*

*Our first destination was Lambir Hills National Park, where we hiked up a small summit, and spent a day welcoming the waterfall swimming opportunity and learning how to dry our clothes in 70% humidity. We were introduced to the concept of budgeting for every form of expenditure; food, travel and accommodation and constructive ways of dealing with each other. Whilst in the acclimatisation phase of our trip we also visited Niah Caves National Park where we visited a museum and went on a night time crocodile safari. We walked to 'the' Niah cave that is where some of the first tribes in Borneo lived and where thousands of swiftlets (small nocturnal fruit bats) now live. On returning to Miri, we discovered some of the local restaurants around the city that we had almost every meal at, instead of Macca's or KFC, always trustworthy fall backs.*

*Next thing we know, Callum and I have been put in charge of feeding 20 people for four days in the middle of the jungle. We've bought what seemed like enough food to feed an entire army and we were off to a town called Bario, in the Kelabit Highlands. We arrived at the village of Pa' Umor, our project village, that what we thought would be similar to a small country town in Australia, which was an even smaller poverty stricken Malaysian village. The locals are lovely, welcoming, friendly people, the houses are on stilts and everything is simple and does it's job. Our supervisor was a local trekking guide and farmer with a killer mullet called Rian. Our project was to extend a small dam which was the main water supply for the village. Days were short,*

*we started early and finished working at lunchtime to walk back, wash up and eat, then play card games for the afternoon. The dam was hard work meaning several of us spent everyday with mud up to our waists, digging out rocks, sticks, logs, and carrying mud down a trail to be tipped near the pipeline to fill in a hole. In a week we'd dug the dam out a further three metres from its previous length and poured an extra layer of concrete for the wall. The last day of our project was my birthday,*



*which we spent digging, followed by a ceremony where we danced the native dances with the locals and got to eat birthday cake.*

*The next four days I can tell you, were by far, the worst in my life and I'm pretty sure the others can tell you something similar. We entered the jungle of the Kelabit Highlands on the 8 December and had to trek eight hours a day, for four days with 14-20kg of kit on our backs, crossing rivers, walking through mud and having blood massacres when we got to kill leeches that attacked us. 50km were covered in that time, sleeping in hammocks and having to go to the toilet in the bushes where water buffalo might sneak up on you and stare was an interesting experience. The joy of seeing two utes parked at the edge of the farm we had to cross on the last day was something I will never forget. The relief that we didn't have to walk any further was so overwhelming that some of our team cried.*

*On the 13 December we flew to Kota Kinabalu and got to experience the last night of the night markets right outside our hostel. We then took a two hour drive to*

*Kinabalu National Park in preparation for climbing the mountain. We climbed two thirds of the way on Brett's birthday, stayed in a hostel and got up at one in the morning to climb to the summit before 6.00am for sunrise. All of us made it, minus three girls and Mr Angell, and boy was it worth it! The view was amazing; after climbing for six hours in blistering winds up a steep slope, in the dark, with a guide rope that if you didn't hold it, you could fall to your death. It was freezing on the mountain peak (as Mr Angell likes to tell us) and Daniel almost got severe hypothermia because he didn't take a raincoat. Fortunately, thanks to some quick thinking on our team's part, we all made it through with all our limbs still attached and brains still functioning properly.*

*From Mt. Kinabalu we travelled to Sepilok Orang-Utan Rehabilitation Centre where we watched and took photos and then headed back to Kota Kinabalu. The last four days were spent in a four star hotel with a pool that looked over the city and shopping in the four storey mall everyday. Then we were hustled on to a plane and headed back home to see our parents who were all still half asleep in Perth.*

*Overall the trip was amazing and a life changing experience. We made some lifelong friends that we've formed very close bonds with. We learnt a few things on this trip: 1) never whinge about your life, there is always someone worse off; 2) when you leave your family, you miss them like crazy, until you get back; 3) the friends you make on a trip like this, will likely be friends for life; 4) anything that's hard, or strenuous on your body and mind will be worth it in the future and you'll be glad you did it; 5) never pick a fight with Callum (he punches, when he's woken up with water); and 6) even though Mr Angell claims to know everything, he really doesn't, so if your lost, don't ask him, because he doesn't know where you are either.*

*At the start we signed up because it sounded good. It looked like fun, and I for one, wanted to see some of the rest of the world. We didn't know that we'd need to be fit and have to work so hard. The price tag of this trip was daunting but in the end it was definitely worth it, no matter what we're denying. This trip was life changing, and we've all changed in some way. We were game for this trip and we've come back with different outlooks on life. The question is; are you game for a World Challenge Expedition?*

**Amelia Trenaman, Year 12**

## DIAMONDS AND PEARLS



The College Ball "Diamonds and Pearls" was held on Friday 5 April at the AQWA Function Centre. A highlight of the evening was having pre-dinner mock tails around the aquarium and being able to view our wonderful coastline.

Congratulations to all students on their behaviour, dress standards and maturity

shown at this event. After a fantastic meal, the students danced the night away, enjoying each others company.

Thank you to all staff who supported this event and made it a memorable evening for all involved.

*Glendah Migro, Year 12 Coordinator*

## COME AND VISIT THE LIBRARY!



Staff and students are lucky to have the use of a newly refurbished library this term – complete with new shelves, carpet and soft furnishings.

The selection of couches, ottomans and chairs are in a variety of bright colours, chosen to promote small group work and quiet reading areas, and to help create an atmosphere that is vibrant, studious and fun. The Library space is busy with visitors who use the space to study, read, relax and play games. Chess, checkers and Monopoly are among the most popular games.

Each month a new display is featured in the Library. In February we celebrated 'Library Lovers Day' and in March it was Harmony Day. The Harmony Day display is spectacular; it is going to remain in the Library throughout the month of April. Be sure to come in and have a look!

### Harmony Day

Did you know we have at least 49 different cultures within our college?

March 21 is Harmony Day, a day to celebrate multiculturalism and learn from one another. This year Harmony Day was celebrated as a whole school community. Around the Library, you can see flags that represent the nations of our students. The great tree, which is the centrepiece of our Harmony Day display, was designed and created by a group of dedicated staff and students who were willing to share a little about their heritage. It is a sight to behold with its branches reaching the ceiling. Each paper 'leaf' is the shape of a hand symbolising unity and is decorated with pictures and words about the cultures of our students. A warm thank you to all the people involved in the creation of



the Harmony Day display. Guy Roberts, Lindsay Wood, Julie Kyne, Phil Glossop and Susana Schindler deserve special recognition for their participation in this project.

### Art Competition – What your culture means to you?

An art competition was also held in recognition of the day. Five prizes were awarded, with first prize winner Latiesha Schindler receiving a \$50 Coles Myer voucher for her detailed pencil drawing.

Congratulations to our winners! First Prize: Latiesha Schindler, Second Prize: William Ketterer, Third Prize: Kateryna Bunayeva, Fourth Prize: Kheno Bin Talib, Fifth Prize: Sarah Zollo.

Relieving Principal Mr Brad Walsh and Art teacher Mr Guy Roberts had a challenging job choosing winners because of the creativity and variety of work submitted. Mr Walsh was very impressed with the level of effort students put into their work and Mr Roberts was pleased with the broad range of styles and the skilful use of challenging media.

A special thank you to Bedford Community Church, who donated the prizes, and for everyone who entered – your art pieces are providing great inspiration.

*Bernadette Nye, Librarian*

## BUSH RANGERS

We have an amazing group of students in Bush Rangers again this year and are excited to have a number of Year 8s join us.

This term we have had the opportunity to take part in a number of different activities. Two of the highlights were our visit to the WA Reptile Park and our first camp for the year.

At WA Reptile Park the Bush Rangers were given the chance to be able to hold five different snakes of various lengths and species. The snakes were slithering over our heads, arms, shoulders and necks. It was awesome. We also had the opportunity to watch the snakes enjoy a dinner of baby mice.

Recently we have had our first camp for 2013 at Moore River, where we were lucky to spend two days with perfect weather. We filled our time with team



building activities, beach games, sand boarding and fishing. For some of our cadets it was their first time camping so setting up their tents in the dark with only torches to see by was a challenge, but there was plenty of help and support from the experienced Rangers.

We were lucky to have Phil Cook from the Friends of Moore River environmental group share with us the history of Moore River, including stories of the past and the environmental issues that affect the river. We learnt a lot on our cruise up the river and were able to help with the erosion problems on the riverbank by planting native plants.

It was a very successful camp with 28 students going for a fun filled two nights away. We are looking forward to our Camp in Busselton during Term 2.

*Phil Glossop, College Chaplain*

## REO SHIELD

REO (Respect Each Other) is a college program with the purpose of building positive relationships in the college community to improve the ethos of the college. The REO House Shield recognises behaviours and deeds that aid in developing a culture of respect.

Students can earn REO points by assisting our college at sports carnivals and parent nights, helping to promote our college at events such as college productions, earning an 'A' grade in upper school and receiving a *Performance Memo* from their teacher.

Students who earned the most REO points in 2012 were awarded with digital photo frame prizes at our Achievement Assembly early in Term 1. These students were: Year 8: Jasmyn Hesford, Year 9: Jenny Huang, Year 10: Timothy Randolph and Year 11 Natasha Milosavljevic. In 2012 the house with the most REO Shield points by a convincing margin was Giles.



Students who are awarded *Performance Memos* receive two copies. The white copy can be placed in a box in the Chaplain's office to score points for the student and the student's house. The pink copy is to take home and show parents.

A *Performance Memo Draw* is also conducted each term and prizes in the past have included digital photo cameras, shaved ice makers, milkshake makers and iPod dock clock radios.

We are very proud to acknowledge our students' desire to do the right thing without reward. However, it was still nice to present the significant Term 4 *Performance Memo Raffle* prize to a deserving winner, Kayla Deane-Spread, who was all smiles on receiving the Tower Speaker Dock.

*Mr Phil Chadwick, REO Coordinator*

## LOTE—JAPANESE

Japanese language students at John Forrest have been fortunate to have a native speaker assisting in their classes this term.

Masa Sasaki is visiting from Osaka, Japan, and has been volunteering in all Japanese classes across Years 8, 9 and 10. It is of great benefit to students to have a native speaker in the classroom to assist with pronunciation and writing and to bring some real life interaction to lessons.

Students have been especially enjoying hearing from Masa about life in Japan. He has delivered presentations on a variety of subjects, including New Year's customs, sumo and travelling on rush hour trains. We have been very lucky to have such an enthusiastic volunteer at our college and will miss him when he leaves at the end of the term.

*Sharon Crossman, LOTE (Japanese) Teacher*



## BBQ DONATION BY BUNNINGS MORLEY



generosity of Bunning's Morley in donating the BBQ to John Forrest Secondary College.

*Phil Glossop, College Chaplain*

Many thanks go to Bunning's Morley for donating a BBQ to our College late last year. We have used our new BBQ on numerous occasions including our 50<sup>th</sup> anniversary celebrations in the last term of 2012. John Forrest Secondary College appreciates the

## BREAKFAST CLUB

The Breakfast Club this term has again been a great success with many students enjoying the Milo, pancakes, yogurt, toast, fruit, scrambled eggs and other delights. The Breakfast Club contributes to a great atmosphere in which students can enjoy something to eat and socialise.

Many thanks to The Salvation Army who have come in every Wednesday for over two years serving the College students with breakfast. Also thanks to Foodbank, Bedford Community Church and Eternity Christian Church for their financial contribution and donations. Their contribution to the positive atmosphere at our college is much appreciated.



*Phil Glossop, College Chaplain*

## PEER SUPPORT PROGRAM

Peer support was once again run in the first weeks of Term 1. Thirty-four Year 11 leaders participated in this program over three weeks with a range of activities to help Year 8 students in their transition into the college. It was a great opportunity for the Year 11 students to develop their leadership skills and form friendships with the Year 8 students. We finished the Peer Support Program with a sausage sizzle for all the Year 8 students and Peer Support Leaders.

Thanks to the Year 11 Peer Support leaders that helped make this program a success and those that helped with the sausage sizzle.

*Phil Glossop, College Chaplain*



## YEAR 10 PARENT INFORMATION

### Year 10 Counselling Evening

During the *Introduction to Year 10 Evening* held on 26 February the expectations that the college has for Year 10 students was outlined. This included exams, work ethic, homework, work experience and deadlines. Pathways and pre requisites were also outlined during the evening.

It was great to see such a positive turn out of parents and students at the evening.

A *Year 10 Counselling Evening* will be held on 18 June in the college Library at 6.30pm. Further details regarding the evening will be sent next term.

### Year 10 Transition Camp

Year 10 students have been invited to attend a Year 10 Transition Camp on Rottne Island from 16-18 December.

An information sheet has been sent home with students this term and full payment will need to be made by 1 December to ensure a place on the camp.

Please contact Coby McQuiggin on 9473 4030 for further information.

*Coby McQuiggin, Year 10 Coordinator*

## NETBALL NEWS



The Netball pre-season is coming to a close. The weather has been hot and challenging but all students have worked hard and are preparing themselves for the Inter-school and Club Association season which will commence at the beginning of Term 2.

On Thursday 14 February all Year 8, 9 and 10 Netball students participated in the annual Academy Day event at Morley Sport & Recreation Centre. Students went through a battery of fitness tests and began netball trials for selection of age group school teams which will begin competing next term. All students have had the privilege of working with Roxanne Edwards and new visiting coach Jamie English, Year 8 Team 1 Coach, and parents are most welcome to come along and watch any of our coaching sessions.

This year we have a new VIP in Susan Fuhrman, ex-Fever and Diamonds Goal Keeper, who has been appointed Patron of the John Forrest Specialist Netball Program. We invited Susan to



be our Specialist Netball Program Patron because she is not only a great player and ambassador for Netball but a Sportswoman who has been able to combine study and sport. We look forward to seeing Susan at Specialist Netball Program events and functions throughout the year.

### Important Netball Dates:

**Specialist Schools Carnival –**  
Wanneroo Netball Club – 17 April 2013.  
Year 10 Lightning Carnival Noranda – 16 May 2013.

**Champion Schools – Round 1 –**  
Wanneroo Netball Club – 17 May 2013.  
2014 Netball Trials 22 and 29 May at Morley Sport and Recreation Centre.

**Year 9 Lightning Carnival Noranda – 19 June 2013.**

*Diane Papas, Specialist Netball Teacher*

## TENNIS NEWS

### Match Play Day

Matchplay Day this term was held at the Mt Lawley Tennis Club on grass and hard courts. The students competed in a round robin format, competing in about 20 minute rounds. The Tennis students competed in very tight matches and there were a lot of fantastic points played. Everyone had a great day and the Subway Lunch proved to be a big hit. Some of the divisional winners were:

Finn Keady, William Cook, Kimberley Millar, Jason Poole, Jasyrn Hesford, Daniel Downey and Brielle Udinga.



### Slazenger Cup/Herbert Edwards Cup/Mursell Shield

The Tennis students again participated in the Slazenger and Herbert Edwards Cups held at the State Tennis Centre and Belmont Park Tennis Clubs. The teams did exceptionally well with the boys' and girls' teams winning the Mursell Shield. The boys' team also reached the semi finals. Over 100 teams competed over the four days that the event was run and it was fantastic to see the players perform so well.



**Other Outstanding Tennis Results** Both Alex and Daniel Downey have been involved in State Level Tournaments over the summer break and during Term 1. They have had some fantastic results placing them among the best players for their age group in WA. Some of these results include Daniel qualifying and playing in the Australian National Championships in Melbourne in December 2012 and Alex winning the East Fremantle Junior Tennis Tournament in late December 2012 and reaching the finals of the Brixton Junior Tournament over Easter this year.

*John Campbell, Specialist Tennis Teacher/Head of Health & Physical Education*

## INTERSCHOOL SWIMMING CARNIVAL

The Inter School Carnival was held at Challenge Stadium on the 12 March with John Forrest competing against seven schools from across the metropolitan area. The John Forrest team did extremely well placing fourth overall in their division. Special note must be made of Amelia Trenaman who was Champion Girl in the 16 and over girls age group and Nina Zuppins-Hodgson, Corey Belton and Dominica Maura for their outstanding performances at the carnival.

Well done to all who participated in every event and for being great sporting ambassadors for John Forrest Secondary College.

*John Campbell, Head of Health & Physical Education*



## HOUSE SWIMMING CARNIVAL

On the 26 February the House Swimming Carnival took place at Bayswater Waves on a great summer's day. All participants competed well with a number of very tightly contested events. Thanks to all the staff that helped out including Mr Glossop, Miss McKee, Mrs Verco, Mr Phoenix, Miss Papas and Mr Christou. Thanks also go to the Year 11 and 12 helpers who did a great job timing and recording results. Congratulations to all the students who participated in this important college event.

The House results were as follows:  
**Mitchell 553, Giles 448, Stirling 311 and Hasluck 244.**

The Champions and Runners Up for the swimming carnival were as follows:

**Under 14 Years:** Champions: Pippa Hall and Noah Kapor;  
Runners-Up: Erin Cole and William Ketterer.

**15 Years:** Champions: Ruby Donnelly and Todd Brinkworth;  
Runners-Up: Chloe White, Sean Griffin.

**16 Years:** Champions: Shanelle McCullaugh and Sean Hill;  
Runners-Up: Keira McNamee and Tom Watson

**Open:** Champions: Amelia Trenaman;  
Runners-Up: Lily Zupins-Hodgson.

**Open Champion Boys** ended in a tie with equal First Place going to Leon Wormuth and Tongchai Quartermaine.



*John Campbell, Head of Health & Physical Education*

## NORTH EAST BASKETBALL COMPETITION

Congratulations to the John Forrest Secondary College Senior Basketball Team who competed in the North East Competition which ran over six weeks in Term 1. The boys played their games with an extremely high level of skill and enthusiasm and only lost two games by a total of five points, which meant we just missed out on progressing to the next round. The performance of the team was due to its overall balance and consistency and special mention must be made of Nathan Drown and Jovan Mrasic who were superb each game with their shooting and team work. Well done boys. *Reece Phoenix, Health & Physical Education Teacher*



## JOHN FORREST CRICKET/NETBALL/TENNIS COACHES VISIT NOLLAMARA PRIMARY SCHOOL

Year 11 and 12 students studying Certificate II Sport Coaching and Certificate II in Sport & Recreation have been applying their coaching skills at Nollamara Primary School during this term.

The students have been coaching Cricket, Netball and Tennis to Year 1 to Year 7 students. As part of the course our coaches have designed suitable lessons to fit the varying age groups and skill levels.

The feedback has been very positive and the students at Nollamara Primary School have enjoyed being coached by our coaches.

*Peta Verco, Cricket/Health & Physical Education Teacher*



## NICKY WINMAR FOOTBALL COMPETITION

The Nicky Winmar Football Competition was held in Mandurah on Sunday 3 March 2013 and five John Forrest Secondary College students, Jarrod Woods, Jacob Woods, Leonard Combo, Sheldon Kitto and Travis Ruffin, were lucky enough to represent the East Perth Football District Team.

The East Perth Team performed well, losing a semi-final by just one point. The boys' are to be congratulated on making the team and their presentation and behaviour on the day.

I am pretty sure they all had a great time!

Well done boys and congratulations again on making the team.

*Susanna Schindler, AIEO*



## STUDENT COUNCIL NEWS

The Student Council have been really busy this year spraying hair for "Crazy Hair Day", selling flowers for Valentine's Day, planning future events like the Fun Day, socials and of course, the Term Two Talent Quest.

One of the ways we have advertised upcoming events, is to construct 'entertaining' advertisements on the PA to let students know what is happening around the College. The photo shows Justin Bernados and Nicolas Brabon singing on the College PA to advertise Valentine's Day.

*Lori Redwood, Head of English*

## Parking and Drop-off

**Issues**—There are ongoing issues with the pick-up and drop-off of students at the front of the college that have resulted in damage to staff vehicles and culminated in a collision between a college bus and a parent car. To address the issues of parents parking in the staff car park and parking in the no standing zone we have improved (and are continuing to improve) the signage in those areas. To avoid the congestion at busy periods you are encouraged to make use of alternative drop-off and pick-up areas, a number of which are indicated in the diagram. These arrangements are for the safety of our students, and to avoid damage to parent and staff vehicles. Your co-operation is appreciated.



**Reminder - Personal and Valuable Items** -Parents and students are reminded that valuables should not be brought on to the college campus. The college does not accept responsibility or liability for personal items if they are damaged, lost or stolen. It is recommended that parents arrange private insurance for any personal items student's bring on to the grounds.

**Secondhand Uniform Donations**—The standard of uniform being worn by students at John Forrest Secondary College is excellent and is a credit to the cooperation of students and parents. It demonstrates to the wider community a pride in being involved in such a terrific school.

Adolescent students are growing all the time and regularly find that items of uniform clothing no longer fit. Many parents generously donate these items to the college for the use of families who are in less fortunate circumstances. Unfortunately, our stockpile of these second hand uniform items is seriously depleted and we are in desperate need of more donations. Any uniform clothing that your children have grown out of and that you no longer require would gladly be accepted and any donations can be left at the college Administration.

## Applying for Tax File Numbers—A Friendly Reminder

The Society & Environment Learning Area assist students 13 years of age and over apply for their Tax File Numbers. This service is offered primarily to assist Year 10 students in preparation for their Work Experience.

**Please Note** that this is a free service and applications can only be processed during Term 1.

After the conclusion of Term 1 Tax File Numbers should be applied for on line through the ATO.

## SWAN EASTERN ALLIANCE EXCURSION TO CURTIN

**John Forrest Secondary College, Hampton, Lockridge and Swan View Senior High Schools, 40 parents and 10 teachers** embarked on an excursion to **Curtin University**



access, students took control behind and in-front of the camera to get a feel for a television studio. There were also the opportunities to present news items while reading from a teleprompter.

on Wednesday 12 December 2012. It was a day designed to ignite students' desires to learn and to allow students across the Alliance opportunities to mingle while participating in a variety of activities.

Students sampled activities across several of the University facilities. In an activity designed to demonstrate one aspect of Engineering, students were asked to design and test a race track with a curve to learn about motion and movement. In teams, students created Business proposals for Curtin Airways. After selecting a Chief Executive Office (CEO) for each team, they considered advertising campaigns and budgets before presenting their proposal. In Health Sciences, students examined parts of the body which had been dissected and preserved through a plastination process which shows cross-sections of organs and bone. Granted behind the scenes



Students who visited Curtin Stadium learnt that University isn't simply a place where they attend lectures and tutorials. They discovered that there are many opportunities to engage in a variety of sporting clubs and social activities to keep fit and healthy.

This is the second year that we have been able to offer this opportunity to our students and we look forward to providing more opportunities for our students to engage in activities across a variety of University settings and encouraging them to strive for excellence and reach their potential..

*Miss Samantha Schofield, Swan Eastern Alliance Curtin Coordinator*

## MUSIC NEWS



Term 1 is traditionally a time of preparation and rehearsal for the Music students. However, this term has been a busy one for Mayuka Juber and Stephanie Parr, our hard working music staff. While both being teachers, they have a strong belief that it is vital to continue to perform and be involved in music away from the school environment in order to continue to develop their skills to better benefit the John Forrest Secondary College Music students.

Mayuka, besides conducting our Swing and Senior Concert Bands also conducts the Combined Districts Concert Band outside of school. Over Easter they competed in the Yamaha National Band Championships, which were held in Perth at the University of WA. The Band placed fourth in their division and was very pleased with the standard of their performance.

Mayuka's band, Apricot Rail also released an album called Quarrels in February. Mayuka plays Clarinet and Baritone with this group. It was Drum Media's Album of the Week and they said of it: "*Quarrels envelopes the listener like a rain curtain, with Rail's six individual parts contracting into a tourniquet with exactly the kind of apparent, balmy temperance that actually masks rigid and almost brilliant perfectionism. Simply and quietly, this is an incredible album.*" It was also featured as one of the albums of the week on RTRFM radio.

Stephanie was invited to go to Adelaide in March to perform as part of the Adelaide Festival. She was able to spend the week in Adelaide rehearsing with the Adelaide Chamber singers and the Adelaide Symphony Orchestra to create a live soundtrack for the classic cult film 2001: A Space Odyssey, under the baton of Carl Crossin OAM, Head of the Elder Conservatorium of Music at Adelaide University. This invitation was a great honour as only twenty singers from around Australia were invited to boost the Adelaide Chamber Singers' numbers and Stephanie was the only WA teacher invited to go. The two performances were a great success, filling the Festival Theatre each night and highly acclaimed by the audiences.



On Monday 8 April, John Forrest was visited by China Doll, a WA band who came as part of the WA Music Industry Association's Schools Alive concert series. The City of Bayswater sponsored the event as a way of promoting their Sound Overload Band Competition which is coming up. China Doll performed at lunchtime in the Upper School Quad for all students then conducted a workshop for Music students. The workshop was a

chance for the students to find out more about being involved in a band and get some song-writing tips. It was great to hear the stories from the band members about their musical education and inspirations.

*The Arts Learning Area—Music*

## MOODLE FOR PARENTS

One of the many ways in which teachers at John Forrest are assisting students is by placing important documents online for students to access as required, whether that be at the college or at home. These documents may include course programs, assessment outlines and assessment tasks. The tool used for this purpose has the unusual name of Moodle. Access to Moodle is via a link on the college website – in the bottom left hand corner where it says "Student Portal – Moodle".

In order to make it easier for parents to find and read these documents we have created a generic parent logon for the site. This will allow parents to have read-only access to the material on Moodle. The details are as follows:

Username: Jfparent Password: Parent1@jf

## BE THE BEST THAT YOU CAN BE

### Recognition of Outstanding Achievement at John Forrest Secondary College



**Congratulations** to Amelia Trenaman, Year 12, on receiving the Edith Cowan University Citizenship Award in recognition of outstanding Citizenship, Leadership and commitment to ECU's core values of Integrity, Respect, Rational Inquiry and Personal Excellence. Well done Amelia.

**Congratulations** to Luke Mammone, Year 12, on receiving the Edith Cowan University Business and Law Award in recognition of commitment to ECU's core values of Integrity, Respect, Rational Inquiry and Personal Excellence. Well done Luke.

**Congratulations** to Declan Powell, Year 8, who won Silver in the 35kg Under 15 at the Australian National Boxing Championships held in Adelaide. Well done Declan.

**Congratulations** to Tristan Broadbridge, Year 11, on being selected and playing for the WA State Touch Rugby Team in Coffs Harbour. Well done Tristan.

**Congratulations** to Sara Tesanovic, Year 8, who won a Gold Medal in the 51kg Division of the 2013 WA Cup Free Style Wrestling held in February at Fremantle PCYC. Well done Sara.

**Congratulations** to Leo Tesanovic, Year 10, who won a Gold Medal in the 70kg Division of the 2013 WA Cup Free Style Wrestling held in February at Fremantle PCYC. Well done Leo.

**Congratulations** to Keanu Pinder, former student, on being selected for the State Basketball U20s team (he's only 17), and representing WA at the Nationals held in Launceston during February. He has since been selected for the Australian Basketball Team representing Australia in China. Well done Keanu.

#### SCHOLARSHIP AND ACADEMIC EXCELLENCE TESTING

Last year we introduced a testing process for admission to the John Forrest Secondary College Academic Excellence Program. These testing results are also used to determine the recipients of the College Scholarships. In 2013, this testing will take place on 13 June from 9.30 to 10.30am.

For further details and an application form please contact the College (T: 9473 4000 or E: [brad.walsh@education.wa.edu.au](mailto:brad.walsh@education.wa.edu.au)).

#### CITY OF BAYSWATER SCHOLARSHIPS

The City of Bayswater is once again awarding scholarships to residents who have achieved outstanding results in their chosen field. Three Scholarships will be awarded to successful applicants of up to \$1,500.00 in the following fields:

- Education Achievement.
- Education Assistance.
- Music.
- Visual Arts.
- Sports/Sports Official.
- Local Sports Representative.

Further information is available at [www.bayswater.wa.gov.au/events](http://www.bayswater.wa.gov.au/events).

#### Notifications by Email

John Forrest is working towards sending out all communications to parents electronically.

Have you been receiving our email notifications through Term 1 this year? If not, please contact Fiona Marrs (T: 9473 4013, E: [fiona.marrs@education.wa.edu.au](mailto:fiona.marrs@education.wa.edu.au)) to ensure that we have your up-to-date email address.

#### SPELL-OFF EXPRESS TO SPELLING SUCCESS

The John Forrest Secondary College Spell-off is becoming quite the event at our college.

Three years ago the once-a-term spell off was introduced. Each week, students are given a list of ten words to study; the words we use come from all faculties in the college to ensure words are relevant to our students' learning. At the end of each term a spelling test of 20 words is conducted during form time. Winning forms from each year group are awarded with a free sausage sizzle lunch. All students are in the running for individual awards, receiving prizes for getting 100% and, in Terms 2, 3 and 4, for improving significantly on the previous term's result.

Competition has grown to be quite fierce. Usually, as you would expect, an upper school form get the highest average in the college. In Term 4 last year, Ms Van Den Bogart's Year 8 form got the highest average of any form! This proved to our students that anything is possible when you put your mind to it.

An endeavor of this size would not be possible without the co-operation of every staff member. Front office ladies squeeze the words into the daily notices; form teachers present the words to our students, encourage learning and give the tests; members of the Literacy Committee and Education Assistants volunteer to mark the tests in their own time; our Chaplain mans the BBQ, along with other staff members, including the Principal.

Spell-off not only encourages learning and the strengthening of literacy skills, it also showcases our wonderfully supportive staff and the enthusiastic spirit of our students.

**(Please Note:** Words of the Week and other literacy tips and activities can be found on Moodle in the 'Words of the Week' course and the 'How To' course in the Literacy category).

*Louise Santarelli, Literacy Coordinator*

#### SALVATION ARMY MORLEY

April **School Holiday Program**  
for 12-18 year olds.

Please contact Glynis Best for more information.

T: 9279 4500 or

E: [glenis.best@aus.salvationarmy.org](mailto:glenis.best@aus.salvationarmy.org)

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