



JOHN FORREST

Secondary College

INDEPENDENT PUBLIC SCHOOL

SPECIALIST NETBALL PROGRAM

Endorsed by the Department of Education.

Develop your netball skills while at John Forrest Secondary College

Students in the John Forrest Specialist Netball Program pursue their love of netball with the assistance of professional, accredited teachers and coaches. The program offers fantastic opportunities including intra-state and interstate tournaments and competitions as well as local competitions and matchplay. Students make outstanding progress building on basic skills and understanding of Netball through our coaching. The program is open to Year 7 to Year 10 students and in senior school students have the opportunity to further their passion for Netball by studying university and Training WA (formerly TAFE) bound courses to meet their needs. All staff and students are affiliated with Netball WA and are involved in Netball as either a player, coach and/or umpire.

The first Year 8 group of Specialist Netball students enrolled at John Forrest in July 1999 and since that time the program has evolved into a highly respected and successful Netball program producing players who have gone on to play State League.

Specialist Netball Program students are expected to maintain a high level of achievement not only in Netball but all other learning areas and are expected to participate in the wider College community.

COURSE DESCRIPTION

In lower school students study four hours per week with highly qualified teachers and receive professional coaching.

The course is affiliated with Netball WA and covers the development of netball skills (footwork, catching/throwing), goal shooting and attacking/defending (skills, strategies and positional play) and fitness training and testing. Students also study the history of Netball, diet and nutrition, sports medicine awareness, umpiring, including player's exam, video game analysis (class, state league and national league teams), player and team psychology (goal setting and team building), and equipment and shoe technology.

Students are involved in matchplay, interclass carnivals, specialist netball school carnivals, High School Cup Interschool competitions and regional carnivals.

In senior school students can combine their WACE studies with their netball studies and are offered University and Training WA bound courses to meet their needs. These include the Physical Education Studies Courses of Study—Stages 1, 2 and 3 and TAFE qualification Certificate II in Sports (Coaching) and Certificate II in Sports and Recreation. These can lead to University and Training WA entry and work in the sporting industry (eg health and physical education teacher, exercise physiology, sports science, sports development officer, sports promoter, sport coach).

OUTSTANDING RESULTS AT JOHN FORREST

Since becoming an Independent Public School, John Forrest has achieved some outstanding results including:

- Named in the First 50 WACE Course Examination Schools Table (twice);
- Named in the First 50 Schools – VET Achievement Table (three times);
- WACE Graduation Rate exceeding 97% for five consecutive years; and
- Increased the median ATAR for three consecutive years.

University pathway students have achieved consistently high median ATAR scores. In 2015 three students achieved an ATAR above 95, placing them in the top 10% of all students in Western Australia, with a further six students achieving an ATAR above 90. Three students were awarded the Certificate of Commendation by the School Curriculum and Standards Authority for achieving at least 20 'A' Grades in Years 11 and 12.

John Forrest Secondary College students were also awarded scholarships from the University of Western Australia, Curtin University and Edith Cowan University for each of the last five years.

In 2015, 76 students completed a Certificate II or higher qualification – double the number achieved in previous years.



WINNER
SCHOOL PATHWAYS TO VET AWARD
www.australiantrainingawards.gov.au



**Specialist
Programs**





QUALIFIED STAFF

The John Forrest Specialist Netball Program is coordinated by Diane Papas and Hayley McKee, Specialist Netball Teachers, and Roxanne Edwards, visiting Professional Coach.

Diane is a Division 1 Senior Association Netball Coach with Intermediate Coaching Accreditation.

Hayley is an Intermediate level coach and has coached at Regional Academy level for Perth Lions. She is currently a member of the Perth Lions Premier League Team and has represented WA in past national netball tournaments.

Roxanne has Elite Coach status Australia wide. She was West Coast Fever Specialist Defence Coach 2009, is an Ex Orioles now Fever National League player and coaches of State sides.

SPECIALIST NETBALL PROGRAM

PATRON

The John Forrest Secondary College prestigious Specialist Programs are supported by Patrons and the Specialist Netball Program is proud to have Susan Fuhrmann as their Patron. Susan has made a great impact on netball for Australia and has played internationally, excelling in her position on court as goal keeper. She commenced her national league career with the Perth Orioles (now known as West Coast Fever) and first played for the Australian National Netball team in 2006. She was a member of the Australian Netball Team winning silver at the 2007 Netball World Championships in Auckland and gold at the 2011 Netball World Championships in Singapore. Throughout this time she has made 33 appearances for the Australian netball team, The Diamonds.



SPECIALIST NETBALL ACHIEVEMENTS

- Always in top three for WA State School Final Day.
- Regularly wins NERPEA Carnivals.
- Always in top four in minor carnivals.
- Always in last sixteen in State High School Cup.
- Always in High School Cup Elimination Finals Day.

INTER STATE COMPETITION, CAMPS MATCHPLAY AND COMPETITIONS

Since 2003 the John Forrest Specialist Netball Program teams have travelled each year to the Brisbane Gold Coast to play in the Canterbury Gold Coast Netball Carnival and all Netball students have the opportunity of being part of this exciting competition. The tournament involves teams from Australia and New Zealand.

WA competitions and carnivals include:

- NERPEA Regional Carnivals.
- Specialist Schools Netball Carnivals.
- WA School Sports (High School Cup).



Please contact Lynn McPherson
(T: 9473 4035 or

E: lynn.mcpherson@education.wa.edu.au) to obtain an application form if you are interested in becoming part of the John Forrest Secondary Specialist Netball Program.



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