

## JOHN FORREST Secondary College INDEPENDENT PUBLIC SCHOOL

180 Drake Street Morley WA 6062 T: 9473 4000 E: johnforrest.sc@education.wa.edu.au

www.johnforrest.wa.edu.au www.facebook.com/johnforrestsc

Dear Parent / Carer

## PARENT INFORMATION AND CONSENT FORM FOR INTRA STATE SCHOOL EXCURSION

I am pleased to provide you with the following details regarding our YEAR 9 NETBALL SWIMMING FITNESS TRAINING 2019 excursion. This excursion has been planned to supplement the work being completed in your child's classroom. If you give consent for your child to attend the excursion outlined below, please complete the permission slip attached and return it to the college with the appropriate payment. Failure to return the *Parent/Carer Consent Form* by the due date may result in your child being excluded from this excursion.

YEAR 9 NETBALL SWIMMING FITNESS TRAINING 2019					
Purpose of Excursion:	Netball program students will participate in a swimming program designed to improve their fitness and educate students in the benefits of hydrotherapy for recovery and rehabilitation. These swimming sessions also provide an opportunity for students to prepare for the inter-house and interschool swimming carnivals.				
Venue:	Bayswater Waves Aquatic Centre				
Travel will be by:	College Bus				
Itinerary	Depart JFSC:	13:50	Arrive Venue	14:00	
	Depart Venue:	14:40	Arrive JFSC	14:50	
Date of Excursion	Thursday 14, 21 and 28 February 2019				
Number of Students attending:	25				
Cost per Student	\$0 (Please Note It is expected that any outstanding college charges are paid in full prior to the departure date of this excursion.)				
Members of Supervisory Team:	Ms S Cosh, Ms D Papas				
Staff Member with CPR and/or first aid training is:	Ms S Cosh, Ms D Papas				
Activities to be undertaken:	Swimming Related Activities				
Contact arrangements during the excursion:	JFSC Front Desk – 9473 4000				
Special Clothing or other items required:	<ol> <li>The procedure for swimming sessions:         <ol> <li>Students will travel on college bus in college uniform.</li> <li>Students will change into bathers at Bayswater Waves</li> <li>Students will shower and change back into college uniform at Bayswater Waves.</li> </ol> </li> <li>No Thongs allowed</li> <li>Students will require a water bottle and healthy snack to consume immediately after swimming.</li> </ol>				

Yours sincerely

Sarah Cosh

**TEACHER IN CHARGE** 

Melissa Gillett
PRINCIPAL

4 February 2019



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## CONSENT FORM FOR SCHOOL EXCURSION YEAR 9 NETBALL SWIMMING FITNESS TRAINING 2019

(To be signed and returned to Ms S Cosh, Teacher–in-Charge, Health and Physical Education Learning Area, by: Friday 8 February 2019.)

Student Name:			_			
I confirm that the college has been notified of any medical conditions or illnesses that may affect my child.						
I require a Student Health Care Summary form to update my child's medical conditions.  (Please contact the college on T: 9473 4013 if you require a Student Health Care Summary form).						
If the proposed excursion poses any additional health risks to those identified in the <i>Student Health Care Summary</i> , eg if your child suffers from anaphylaxis there may be risks associated with the provision of meals and storage of an adrenaline auto injector at the appropriate temperature. Please outline additional health risks below:						
		ne intra state excursion to <b>Ba</b> onsent for	yswater Waves Aquatic Centre to			
I give permission for my son/daughter to receive medical treatment in case of emergency.						
I am aware that the college and its employees are not responsible for personal injuries or property damage which may occur on an excursion, unless the college or its employees are proven to be negligent.						
Signature of Parent/Carer:			Date:			
	WATER BASED OR S	WIMMING ACTIVITIES ADVICE	 DE			
The excursion will involve the following water based or swimming activities: Swimming Fitness Training						
These activities will take place at: Bayswater Waves Aquatic Centre						
Water Based or Swimming Activities Response						
Please indicate your child's swimming ability:						
Department of Education Swir	mming Stage achieved:	Date achieved:				
I am unsure - please ass Swimming Ability	•					
Stage 1 Beginner Stage 2 Water Discovery Stage 3 Preliminary	Stage 4 Water Awareness Stage 5 Water Sense Stage 6 Junior	Stage 7 Intermediate Stage 8 Water Wise Stage 9 Senior	Stage 10 Junior Swim and Survive* Stage 11 Swim and Survive* Stage 12 Senior Swim and Survive*			
*Stages 10 to 12 are Royal Life Saving Society of Australia awards. Stage 10 focuses on safety and survival abilities including clothed survival and personal fitness for survival and extends the student's range of swimming skills. Stages 11 and 12 involve further development of survival and swimming skills and endurance. Stage 12 provides a foundation for rescue awards.						
I give permission for my son/daughter to participate in the water based or swimming activities.						
Signature of Parent/Carer:		Date:				